



Post-Performance Panel Participant Restrictions for *The Thin Line*

Add Verb Productions strives to maintain a well-informed, safe and supportive environment for the all-important post-performance panel discussions. As ***The Thin Line*** deals with the topic of eating disorders, a serious mental illness, it is of paramount concern that the following policy be followed:

Sponsoring venues of *The Thin Line* performance program must refrain from placing individuals that are currently in recovery or have recovered from an eating disorder on the panel.

This policy is backed by best practice strategies and expert opinion. According to Dr. Margo Maine, PhD, FAED, (a national expert on eating disorders, author of *The Body Myth: Adult Women and the Pressure to Be Perfect*, with Joe Kelly; *Father Hunger: Fathers, Daughters, and the Pursuit of Thinness*; and *Body Wars: Making Peace with Women's Bodies*), often those who are early in recovery push themselves into believing they are better, when they are just in the early stages. Discussing the topic with the public is a permanent step; a person cannot predict how they will feel afterwards. It is not viable to that person's recovery or to the safety of the audience to include an individual in recovery.

By signing the contract to bring ***The Thin Line*** to your community you are agreeing to abide by this policy. Our booking agents are more than happy to help you connect with local professionals, advocates and experts that will serve your audience in the most effective and supportive manner possible.

If you have any questions or would like more information regarding this policy, please contact Add Verb Productions at 207-772-1167.